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AI's Corner

Everything you've always wanted to know



**The Truth
Is Out
There....**

**Greetings and
Salutations Fellow
Snowmobiling
Enthusiasts**

**PREPARE TO HAVE YOUR
MIND EXPANDED...**



THE FIRST WEALTH IS HEALTH: INSOMNIA PART 2

STOP! In your mind, think of 5 different people. You got 'em? Good. Statistically, one of those 5 people have parasites so bad, that it causes insomnia, plus a myriad of other health conditions. 1 in 5!!!! Everyone has parasites, but most of the time, our immune systems keep them in check. But, if you've had a hit to your immune system, the parasites take over. PTSD lowers your immune system. You get into an accident, you get injured, you experience a job loss, the loss of a spouse, a child....you will experience PTSD, your immune system tanks, parasites multiply. Parasites live in the walls of your small intestine. Parasites cause insomnia because they are active at night. They produce toxins while they're alive, and produce even more toxins when they die and start putrefying. In fact, parasites were literally killing me. They had spread to my kidneys, creating parasite "sacks", blocking blood flow, shutting the kidneys down. I had 14 different species living in me. They were consuming 75% of my nutrition as well. They gave me Irritable Bowel Syndrome, acid reflux, insomnia, kidney failure, fatigue, an intolerance to spicy foods, as well as not being able to take the cold weather. What was my PTSD experience? I was in a sleeper berth in a semi truck that had an accident. One second i was sleeping, and the next second i was sitting up screaming like a little girl. The entire side of the sleeper berth caved in. If I wouldn't have sat up, i would have either died, or became a quadriplegic. That was the last time I ever slept well. But, things are remarkably better in just a few months. Most of my issues i thought were genetic, or just part of getting older, were in fact a bad parasitic infection. How does one get parasites? From eating undercooked pork, beef, and other kinds of food, from cats, and from just walking barefoot in the grass! I love cats, but sorry folks, they're just dirty. Have you ever met someone that brings some cat home, and the cat has a crusted nose and eyes and looks sick? They take care of the cat, bring it to the vet, get it healed up and de-wormed and they have a great pet, right? But, in a year or two, that person or family member starts experiencing weird health conditions? Well, it wasn't a coincidence. Like I said, i love cats, but i'm never getting another one. We think of parasites as a problem in third world countries, and it is, but it isn't much better here. Generally, we won't have giant tape worms cruising through our digestive tracts, but those microscopic parasites can do as much damage, probably more, and can travel throughout your body, even into your brain and cause DIZZINESS. Help is coming....Next month!!