

April, 2024

AI's Corner

Everything you've always wanted to know



**The Truth
Is Out
There....**

**Greetings and
Salutations Fellow
Snowmobiling
Enthusiasts**

**PREPARE TO HAVE YOUR
MIND EXPANDED...**



The First Wealth Is Health Fibromyalgia Part 2

Did you know that Europe bans GMO's? When I first learned of this, I just speculated that they were just trying to protect their markets from the U.S. Then, I ultimately visited Europe myself. Stopping in several countries surrounding the Mediterranean Sea, I saw no overweight people, NOT ONE. OOPS, there's one! walk over nonchalantly and eavesdrop a little; nope, they're speaking perfect English, they're just a tourist like me. When I go on vacation, i gain 10 pounds in one week, eating pretty much anything I want to, as, well, I am on vacation. Go to Europe for TWO weeks, come back and weigh myself and didn't gain a single pound! How can that be? There is good and bad in everything. Europe has socialized medicine. The bad part of that, is that the poor students in England go out on recess with their brightly colored vests and helmets on so they won't get hurt and burden the health care system. I'm not talking about playing on playground equipment either, just going outside and running around! The good part of socialized health care is that it is in the governments best interest to keep their citizens healthy and avoid unnecessary costs. THIS is the real reason that GMO's are banned, they don't want to make the people sick and use the healthcare. But, In the U.S., anything goes. Why are there so many people allergic to gluten with varying intensities of symptoms, while Europeans wouldn't even know what you're talking about? Frankengrain is toxic and it's making us sick and fat. Not everyone, but enough to be a pretty big problem. Many people who are allergic to American gluten WILL swell up, and that is going to cause muscle pain. I have a theory. Just speculation on my part, but i think that the people who are allergic to American gluten, could be put on a spectrum. On a scale of 0 to 100, 0 being not allergic to it at all, and 100 being Celiac's disease, I think Fibromyalgia would be sitting at about 30, and Crohn's disease would be at about 75 or 80. I can't prove my theory, but i've been 100% spot on with this gluten thing, and every experiment i've conducted i've been vindicated. (Did I forget to mention that my dear wife is gluten intolerant, and actually lets me do experiments to test my theories?) But, because of that, we figured out that the gluten from Frankengrain is a real health issue, and many people just suffer and suffer because they don't realize what the problem is. So, for you with fibromyalgia, or those with any kind of arthritis where your joints hurt because of swelling, (not because of bone spurs or joint damage due to an autoimmune disorder,) try going gluten free for ONE MONTH. Buy and eat only products that specifically say "gluten free" on the packaging. It's not going to be pleasant, as most GF food is pretty gross, but right now, so many things contain gluten, you'll never make it on your own.....yet. Did you know that deli meat contains gluten? Did you know that maltodextrin contains gluten, and that stuff is in everything! Have no fear, though, i've got your back and some pretty sweet answers.