

May 2024

# AI's Corner

Everything you've always wanted to know



**The Truth  
Is Out  
There....**

**Greetings and  
Salutations Fellow  
Snowmobiling  
Enthusiasts**

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**PREPARE TO HAVE YOUR  
MIND EXPANDED...**



## **THE FIRST WEALTH IS HEALTH “FIBROMYALGIA PART 3”**

**So, we've established that American gluten is toxic because our bodies simply don't know what to do with it. Hopefully, if you suffer from any kind of fibromyalgia or swelling, you've tried going gluten free for one month. Most people see dramatic improvement in their health. Of those that don't, they “cheat” on the experiment. They actually end up going gluten free about 50% of the time, and that just isn't going to cut it.**

**This has got to be 100% to know if this really is your problem. So, what's the answer? The answer is to live like the Europeans who don't have this problem. Can you economically just ship European food over to the U.S.? No. But you CAN ship the non-frankengrain raw flour from Europe, and make all of your food at home from scratch. It turns out you can buy about 10 pounds of flour for about \$40, but this is money well spent. You won't be growing an extra arm out of your forehead either, as this stuff is old school pure flour from sun soaked Italy.**

**What's interesting, is that right on the label, it proclaims itself “THE GOOD GLUTEN”. Now, ask yourself why would they even bother saying that? It stands to reason that if there is a good gluten, there must also be a bad gluten. Where do you think the bad gluten comes from, and what makes it bad in the first place? You can make all of your own bread with this, your own coatings for chicken and fish, cookies, cakes, and anything else that you need flour for, but aren't poisoning your body in the process. My wife and I bought a Breville 12 cup food processor, and we now make our own pizza crust with ease too. You will get your life back and start down the road to health. Please don't be surprised that you feel like garbage, and so many people you know feel like garbage, you're being poisoned by a system that just doesn't stop and think. Look! We made our crops insect resistant! And do they ever ask themselves, what other unintentional side effects exist because of their tinkering? Nope. So, grab yourself some of this flour. Eat at home. Eat like a king. Stop feeling like garbage, and really make health your first wealth. You'll be glad you did!**

**Here is the link right to Manny's website. These bags of flour come in 2 pound and 5 pound sizes, so watch for that. Check Amazon too, see where you can get your best deal.**

**<https://mannyschoiceflour.com/store/Flour-c157727541> Also click on “OUR STORY”**